

# Agriculture in Uganda



**80%** of the Ugandans are **farmers**. Their share of gross domestic product is around 40%. **Fertile volcanic soils** and **sufficient rainfall** guarantee good harvests. Nevertheless, most of the farmers grow food to feed their families (Subsistence agriculture).

The most popular foods grown include **plantain** (Matoke), rice, cassava and beans. The main export products are **coffee, cotton, tobacco and tea**, with coffee taking the majority share. You will commonly find the "**Lake Victoria Perch**" on the European fish counters as well as the Tilapia.

## Related Links

- Background information about [Subsistence agriculture](#)
- Background information about [Tilapia or Lake Victoria Perch](#)

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