

Mbale in Uganda



Mbale, with **about 70.000 inhabitants**, is located directly at **Mount Elgon**, which rises to an impressive **height of 4.321 m**.

A lot of tourists prefer the **comfortable accommodations in Mbale** to start from here to see the **numerous tourist attractions** in the surroundings. Above all the **Mount-Elgon national park**, which invites you to hiking tours through beautiful mountain regions. Worth seeing are also the **Sipi Falls** at the northern side of the mountain.

Further attractions in the vicinity are the **Lake Kyota** or the **rock paintings in Kumi** or Kakoro. The latter are estimated to be 2.000 years old.

Mbale is the **centre of the ugandan coffee cultivation**, has a lot of **green spots and is nice to look at**. Trekkers can use the rich and cheap offers at the local market in the centre to top up their provisions. A rarity is the islamic University in eastern Africa.

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